



In the Sector

The Official Newsletter of the NTCA

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Any Comments or Suggestions email to mharsha@verizon.net

Upcoming Events

NTCA Annual Conference

November 16-18, 2007

[Click Here](#)



\$24.95

Click to Register for NTCA Conference

Message from the President:

The NTCA is honored to announce its 2007 Throwers Hall of Fame Class. The combined careers of Wilbur "Moose" Thompson, Connie Price-Smith, and Al Feuerbach lasted for five glorious decades.

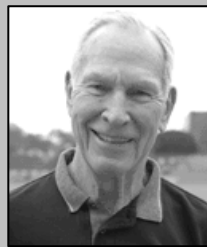
The 2007 NTCA Throwers Hall of Fame Induction Ceremonies will take place on November 18 as part of the NTCA Annual Conference & Clinic.

Also being recognized are the 2007 NTCA Throwers of the Year: Reese Hoffa and Brittany Riley.

We look forward to seeing everyone at this year's conference!

Rob Lasorsa

2008 Hall of Fame Inductees



Moose Thompson



Connie Price-Smith



Al Feuerbach

Conference Reminders

Columbus Marriott Northwest Hotel: \$104 per night
Call (614) 791-1000 and ask for the National Throws Coaches rate

Coming to the conference early? Louie Simmons has invited conference registrants to attend a pre-conference workshop on Friday morning (8:00 AM) at Westside Barbell free of charge! For more information, contact Rob Lasorsa at rlasorsa@dc.rr.com or (888) 527-6772

NTCA products will be available for purchase for a substantial discount at the conference

Have a question for an NTCA Hall of Fame Member? Submit your question at Mac Throw Video (use this link: <http://macthrowvideo.com/index1030.html>)

New! NSCA CEU's are offered at the 2007 NTCA Conference.

.1 credit hour per 1 hour of attendance at any Strength, Conditioning, Training, or Fitness sessions (.7 total possible CEU's)

Male Thrower of the Year

Reese Hoffa

Female Thrower of the Year

Brittany Riley

Around the Circle and Down the Runway

NTCA 2007 Conference Schedule

Friday, November 16

4:30PM – 5:30PM

Nick Osbourne Functional Training for Maximal Strength & Power Output	Mark Heckel NTCA Safety Certification – Part I	Steve Sarigiannis Using Medicine Balls as a Training Device
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5:40PM – 6:40PM

Louie Simmons Development of Special Strengths & How To Defeat the Speed Barrier	Gary Aldrich Shot put Teaching Progressions	Tom Petranoff Javelin Skills and Drills
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7:00 PM – 8:00PM

Jud Logan Manipulating Sets and Reps for Maximum Strength Gains	Nathan Fanger Discus Skills & Drills	John Kenneson Javelin Teaching Progressions
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8:20 PM – 9:30PM

Brian Oldfield The Oldfield Spin	Mac Wilkins The Wilkins Discus Technique	A.G. Kruger 35lb & 20lb Weight Throws
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9:45PM – 10:30PM

NTCA Welcome Social sponsored by Coaches Choice Videos & Books

Saturday, November 17

8:30 AM – 9:30 AM

Mark Heckel NTCA Safety Certification – Part II	Matt Ellis Kettlebell Training	Mark Mirabelli Teaching Progressions for the Javelin
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9:45AM – 10:45AM

Carrie Lane Fundamentals for High School Throwers	Barry Swanson Shot-putting – Getting Beginners to Throw Far, Fast!	James Peterson 10 Health Related Mistakes That Even Smart Track Coaches Make
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11:15 AM – 12:15PM

Larry Judge Core Training for Superior Sports Preparation	Coach Mac 12 Week Off-Season Weight Training Program	Scott Cappos Glide Shot - Basic Technique
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1:00 PM – 2:00 PM

Reese Hoffa 2007 Hoffa Training Regimen	L Jay Silvester Jay Silvester Discus Fundamentals	Hal Connolly American Youth Hammer Throwing - The Steps to Olympic Medals
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2:20PM – 3:00PM

“Seven Decades of U.S. Shot-putting” Moose Thompson, Al Feuerbach, George Woods, Brian Oldfield, Connie Price Smith, Reese Hoffa

3:15PM – 4:15PM Autograph Session

4:30PM – 5:30PM

John Smith Rotational Shotput – Training Taller Athletes vs Shorter Athletes	John Powell Discus Teaching Progressions	Al Schoterman “Right Sided” Hammer Technique
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5:45 PM – 6:45 PM

Jeff Chakouian Developing Combination Throwers	Nick Osbourne Functional Training for Maximal Strength & Power Output	Scott Bennett Correcting Common Errors of Rotational Shotput Technique
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Sunday, November 18

9:00 AM – Noon

Hall of Fame Breakfast, Athlete of the Year Presentations, Hall of Fame Induction Ceremonies
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